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**EMP 7672 / 8672 The Subtle Body and Rainbow Lights  
(Advanced) (3 Credits)**

**Overview of Course:** This course is an exploration of the subtle world, subtle realms, the subtle body, subtle body dynamics, the etheric, astral, mental and causal bodies, the subtle senses, subtle awareness, the subtle body in health and healing, the subtle world of nature, the soul and the supersensible, soul development, involution and evolution, subtle sensory ethics, and the deepening of awareness.

**Course Topics:** Subtle world, subtle realms, subtle bodies, subtle body dynamics, the subtle senses, subtle realms of awareness, health and healing, the subtle world of nature, the soul and the supersensible, involution and evolution, subtle energy ethics, awareness.

**Learning Objectives:** After completing this course participants will have gained an expanded understanding of the subtle world, the subtle body, and the subtle senses; they will have experienced the subtle world, the subtle body, and the subtle senses in new ways; and they will have developed and expanded their ability to work with the subtle world, the subtle body, and the subtle senses in their personal and professional lives.

**Audience:** Open to distance Certificate and Masters students that have completed The Subtle Body and the Rainbow Lights I and Doctoral students that have completed The Subtle Body and the Rainbow Lights II.

## **COURSE DESCRIPTION**

This course is an exploration of the subtle world, subtle realms, the subtle body, subtle body dynamics, the etheric, astral, mental and causal bodies, the subtle senses, the subtle body in health and healing, the subtle world of nature, the soul and the supersensible, soul development, involution and evolution, subtle sensory ethics, personal experience, the deepening of awareness, and the complex yet fundamental way subtle systems illuminate the forms and functions of life. The course focuses on personal experience and the developmental awareness of the subtle world, subtle realms, the subtle body, the subtle senses, and subtle sensory ethics.

## **NEED STATEMENT**

Students will:

- 1) Develop and deepen their awareness of the subtle world, the subtle body, and the subtle senses.
- 2) Be able to utilize the knowledge they have gained about the subtle world,

the subtle body, and the subtle senses to extend their own research and therapeutic methods in a healing profession.

3) Develop skills needed to identify essential factors pertaining to the subtle world, the subtle body, and the subtle senses.

4) Be able to assist clients in deepening their awareness of the subtle world, their subtle body, and their subtle senses.

5) Develop the critical skills they need to apply their understanding of the subtle world, subtle body, and the subtle senses knowledgeably.

## **FACULTY-STUDENT COMMUNICATION**

- **Telephone Contact:** Students should arrange all telephone communications with the instructor by email beforehand. An initial phone contact to clarify course objectives and develop a schedule should be made prior to beginning the course. This contact should be scheduled within the first few weeks of commencement of the semester. After this, periodic telephone communication can be arranged with instructor. All telephone calls will be at student's expense.
- **Email Contact:** Reflection on and questions about the coursework papers and field placement internship should be addressed via email monthly or as needed. Students are always encouraged to contact the instructor via email whenever a problem arises.
- **Communications:** It is requested that students stay in weekly or every other week correspondence with the instructor using e-mail. The student should also set up periodic telephone conversations, at their expense, to discuss problems, concerns, or determine the direction of their course work. Students are always encouraged to contact the instructor by e-mail, fax, or telephone whenever a major concern may arise. It should be understood that as mature students, it is the responsibility of the students to stay in contact with their instructors. The instructor may be able to set up one-on-one discussions with the student using Skype. Students should check e-mail frequently for professor and EMU messages.

Students will normally send communications via email and submit papers as MSWORD format files attached to email messages. Synchronous Internet sessions may be used for "chat sessions" using Yahoo Messenger Chat or Skype. Check with your instructor on the type of communications s/he uses.

**Internet Threaded Discussion:** There is also an on-going Internet threaded discussion among the students and faculty for the entire semester which

creates a larger feedback mechanism of communication. It may be accessed anytime. The thread page is located at:  
[http://groups.yahoo.com/group/Energy\\_Medicine](http://groups.yahoo.com/group/Energy_Medicine)

## **COURSE DELIVERY STYLE**

Distance Education - Coursework is completed at a location determined by the student utilizing a computer that has the ability to play audio and video clips, with Microsoft Office Word, Excel, PowerPoint, Adobe Reader, along with a current web browser, internet connection and email address. Contact and communication with distance students is typically conducted by telephone, Internet, Skype, text chat, and email. Students are also encouraged to contact the University by facsimiles, and postal mail, and by personal visit to the University.

All lessons, coursework and papers must be copied to [lessons@energymedicineuniversity.org](mailto:lessons@energymedicineuniversity.org) from both the student and professor.

### **Length of Course:**

Length of this Energy Medicine course is five (5) months or one (1) semester.

## **COURSE**

### 1) Reading Assignments

Students will read the following text materials and complete the following course assignments.

Byrne, Lorna. *Angels in My Hair*. Three Rivers Press. New York. 2009

Byrne, Lorna. *Stairways to Heaven*. Coronet. London. 2010

Powell, Arthur E. *The Causal Body and the Ego*. The Theosophical Publishing House. London. 1928 (print, pdf, electronic)

Powell, Arthur E. *The Mental Body*. The Theosophical Publishing House. London. 1927 (print, pdf, electronic)

Powell, Arthur E. *Astral Body and Other Astral Phenomena*. The Theosophical Publishing House. London. 1927 (print, pdf, electronic)

Powell, Arthur E. *The Etheric Double: The Health Aura of Man*. The

Theosophical Publishing House. London. 1925 (print, pdf, electronic)

## 2) Course Paper/Project

Students will conduct research based on secondary and primary source materials and the required texts. From this research, students will write a paper on specific topic (approved by the instructor). Students may also elect to do a graduate level project.

## 3) Course Review

Students are given a set of assignments, readings, and explorations in preparation for a Course Review. Before the deadline, students schedule with the instructor the time and date for the face-to-face, telephone, or Yahoo Messenger Voice or Skype conference. During the review, the instructor will evaluate the knowledge and understanding the student has gained.

## COURSE ASSIGNMENTS

### **Assignment 1. Subtle Realms**

Participants will begin to research, explore, and reflect on the subtle realms. After completing the reading and practicums they will share their reflections in writing and dialogue. Throughout the course, readings and assignments may be tailored to the participants.

### **Assignment 2. Subtle Bodies**

Participants will research, explore, and reflect on the subtle bodies. After completing the reading, they will share their reflections in writing and dialogue.

### **Assignment 3. Immersion**

Participants will apply theory, research and experimentation to immersion in an aspect of the course topic, and Consciousness and Nature, in consultation with the instructor.

### **Assignment 4. Final Project**

Participants have the option of designing a research project or preparing a scholarly paper of approximately 20 double-spaced typewritten pages using the appropriate style manual. Research projects and scholarly papers will focus upon a specific aspect of the course. Research projects will be evaluated

based on content, originality, the use of source material, and documentation. Scholarly papers will be evaluated based on content, originality, source material, grammar, and spelling.

### **Assignment 5. Course Review**

The Course Review will be given by telephone (or other means) and will cover the assignments. Students will negotiate the timing of the review.

### **INDIVIDUALIZATION OF STUDENT ASSIGNMENTS**

Each research project will be chosen by the student to best support their individual professional goals, yet each student will also benefit from seeing the fruits of all fellow students' research and providing professional criticism of each others work.

Each student will be afforded the opportunity of writing on a subject that is related to his or her field of interest. This will assist the student in making each paper individualized. Also the student is encouraged to go outside the field and obtain research data from other interdisciplinary areas. Each student, based on his or her background, will be encouraged to transfer that theoretical information which the course provides into a practical format in the final paper or project.

### **COURSE EVALUATION**

The course grade will be based upon student participation, the promptness of postings, the satisfactory completion of all coursework, the quality of the research paper or project, and the course review, in consultation with the instructor.

### **SPECIAL NOTES AND INSTRUCTIONS**

All coursework must be completed in a timely fashion. Students are encouraged to phone or e-mail the instructor whenever they need advice, comments, or instruction.